EUNATAL

FOOD SUPPLEMENT FOR THE DIETARY MANAGEMENT OF PREGNANCY



SCOPE OF USE: EUNATALTM is a multivitamin and multimineral food supplement specially formulated to meet the needs of women who are preparing to become mothers.

PRODUCT CLASSIFICATION: Food supplement

ACTIVE INGREDIENTS:

- DHA **270 mg**
- EPA **45 mg**
- Vitamin B1 **1,1 mg**
- Vitamin B2 **1,4 mg**
- Vitamin B3 **16 mg**
- Vitamin B5 6 mg
- Vitamin B6 **1,4 mg**
- Vitamin B8 50 mcg

- Vitamin B12 2,50 mcg
- Vitamin D 15 mcg
- Folate **0,4 mg**
- Iron **30 mg**
- Zinc **10 mg**
- Iodine 220 mcg
- Copper **3,42 mg**
- Selenium 55 mcg

HOW TO USE: 1 tablet daily

PACKAGING: 3 blisters packs of 10 tablets inserted in a fold box with leaflet.

OMEGA 3

The intake of small amounts of omega-3 fatty acids in pregnant women with no or low fish intake may confer protection against premature birth and low birth weight.

FOLATE

Folate is involved in the process of cell division. The daily dose of 400 µg contained in each EUNATAL tablet contributes to maternal tissue growth and normal synthesis of amino acids, which are essential for protein production. An adequate intake of folate also contributes to normal red blood cell production.

B-GROUP VITAMINS

Contribute to normal energy metabolism and the functioning of the nervous system. Vitamins B2, B3, B5, B6 and B12 also contribute to the reduction of tiredness and fatigue.

VITAMIN D

Contributes to the absorption and utilization of calcium, which is needed to form and maintain normal bone structure. An adequate intake of vitamin D is necessary for normal growth bone development in children.

IRON

Contributes to the normal transport of oxygen in the body and to the normal formation of red blood cells.

IODINE

Essential for the synthesis of thyroid hormones; adequate iodine intake contributes to normal cognitive function and normal growth of the child.

ZINC

It is involved in cell division processes, normal protein and DNA synthesis. It also contributes to the efficiency of the immune system and participates in protecting cells from oxidative stress (free radicals).

COPPEF

Copper helps maintain normal connective tissue and normal nervous system function.

