

Sublingual Spray FOR A PHYSIOLOGICAL SLEEP



PRODUCT CLASSIFICATION: Food Supplement.

ACTIVE INGREDIENTS:

- ♦ Griffonia 3 mg
- Melatonin 1 mg
- ♦ Passionflower 10 mg
- ♦ Valerian 5 mg

INDICATION: in all sleep disorders, in particular for difficulty in falling asleep, night awakenings related to anxious states.

HOW TO USE: 4-6 sprays per day, 30 minutes before going to sleep.

PACKAGING: Flacon of 30 ml with a dosing pump inserted in a fold box with leaflet.

GRIFFONIA:

Thanks to its ability to stimulate the production of serotonin, it improves the mood alterations, and anxiety which are the main factors of sleep disorders.

MELATONIN:

This physiological product controls directly the sleep-wake cycles.

It usually decreases after 40 years of age.

PASSIONFLOWER:

It is a plant with particular relaxing properties useful in case of stress and sleeplessness. It has a calming effect on both the central nervous system and sleep centres.

VALERIAN:

This ingredient is active on the central nervous system inducing sleepiness, reducing the time to fall asleep, improving sleep quality, primarily in the first part of the night.

