

THE RIGHT DOSE OF MAGNESIUM IN "ONE A DAY" SUPPLEMENTATION



ACTIVE INGREDIENTS:

- ◆ Magnesium 300 mg
- ◆ Vitamin B6 3 mg

FLAVOUR: Orange / Ginger.

HOW TO USE: 1 stick pack a day dissolved in a glass of water. Mix with a tea spoon before drinking.

PACKAGING: 20 stick packs inserted in a fold box with leaflet.

· MAGNESIUM: THE RIGHT CONCENTRATION TO COUNTERACT:

Tension headaches Night leg cramps Asthenia

Muscle pain Premenstrual symptoms Physical and mental stress **Uterine contractions**

· VITAMIN B6:

IT IMPROVES THE MAGNESIUM BIOAVAILABILITY AND HELPS PREVENT VOMITING IN PREGNANCY.

