**MARVIT®** 

# Sonno-Safe Pediatric

Sublingual Spray

## FOR A NATURAL SLEEP IN CHILDREN WITH NO CONTRAINDICATIONS



### **PRODUCT CLASSIFICATION:**

Food Supplement.

#### **ACTIVE INGREDIENTS in 6 sprays:**

- ◆ Melatonin 1 mg
- ◆ Chamomile 1.5 mg
- ◆ Passionflower **5** mg
- ◆ Linden 4 mg
- ◆ Lemon balm 3 mg
- ◆ Vitamin B6 1.2 mg

FLAVOR: Banana.

**INDICATION:** Useful in all sleep disorders particularly in case of difficulty in falling asleep in children and in case of their hyper-excitability and anxiety states.

#### **HOW TO USE:**

<u>Children up to 3-5 years of age:</u> 4 sublingual sprays a day (0,5 ml) <u>Children up to 6-10 years of age:</u> 8 sublingual sprays a day (1 ml) Apply the sprays under your child's tongue, half an hour before going to sleep.

#### **PACKAGING:**

Spray flacon of 25 ml inserted in a fold box with leaflet.

#### **MELATONIN:**

It contributes to the reduction of the time required to fall asleep.

#### **PASSIONFLOWER:**

It plays a sedative and anxiolytic function and therefore it is a natural remedy to aid sleeping.

#### **LEMON BALM:**

It exerts its anxiolytic effect and modulates mood through the inhibition of the enzyme GABA Transaminase leading to an increase in the bioavailability of GABA (the chief inhibitory neurotransmitter in the human Central Nervous System).

#### **LINDEN and CHAMOMILE:**

They have remarkable soothing and sedative properties useful in presence of irritability and difficulty in falling asleep.

#### **VITAMIN B6:**

It is particularly useful in any form of anxiety and insomnia because is involved in the synthesis of many neurotransmitters, among which serotonin, the precursor of Melatonin.