# Super-Sleep<sup>®</sup>

SONNO SERENO\* / HEALTHY SLEEP\*

# IN ALL TYPES OF SLEEP DISORDERS. NO SIDE EFFECTS, NO DEPENDENCE, NO ADDICTION, NO COGNITIVE ALTERATION.



# PRODUCT CLASSIFICATION:

Food Supplement.

## **ACTIVE INGREDIENTS:**

- Melatonin 1 mg
- Passionflower 10 mg
- Chamomille 5 mg
- Griffonia 3.474 mg
- Vitamin B6 0.21 mg

**INDICATION:** In all types of sleep disorders.

**HOW TO USE:** 1 tablets a day before going to sleep.

**PACKAGING:** 2 blister of 10 tablets each, inserted in a fold box with leaflet.

### **MELATONIN:**

Melatonin is a physiological hormone that directly controls sleep-wake cycles.

It usually decreases after 40 years of age.

### **PASSIONFLOWER and CHAMOMILLE:**

They have sedative and anxiolytic properties particularly useful for disorders related to nervous system, fatigue, stress, anxiety.

### **GRIFFONIA:**

Thanks to its capacity to produce serotonin, it improves the mood alterations and anxious states, which are the main factors of sleep disorders.

### **VITAMIN B6:**

It contributes to the conversion of Tryptophan in Serotonin; for this reason, it is particularly suitable, in association with Griffonia, in presence of anxiety and sleeplessness.

