

MARVIT[®] Sonno-Più[®]

HEALTHY SLEEP

**IN ALL TYPES OF SLEEP DISORDERS.
NO SIDE EFFECTS, NO DEPENDENCE,
NO ADDICTION, NO COGNITIVE ALTERATION.**



PRODUCT CLASSIFICATION:

Food Supplement.

ACTIVE INGREDIENTS:

- Melatonin **1 mg**
- Griffonia **3 mg**
- Valerian **5 mg**
- Passionflower **10 mg**
- Vitamin B6 **0.21 mg**

INDICATION:

In all types of sleep disorders.

HOW TO USE:

1-2 tablets a day 60-90 minutes before going to sleep.

PACKAGING:

2 blister da 15 tablets each, inserted in a fold box with leaflet.

MELATONIN:

It is a physiological product which controls directly the sleep-wake cycles.
It usually decreases after 40 years of age.

GRIFFONIA:

Thanks to its capacity to produce serotonin, it improves the mood alterations and anxious states which are the main factors of sleep disorders.

VALERIAN:

It has neuro-tonic and calming properties on the central nervous system playing anxiolytic and sedative activities.

PASSIONFLOWER:

It has sedative and anxiolytic properties particularly useful for disorders related to nervous system, fatigue, stress, anxiety.

VITAMIN B6:

It contributes to the conversion of Tryptophan in Serotonin; for this reason, it is particularly suitable, in association with Griffonia, in presence of anxiety and sleeplessness.